

## **Gender Sensitization Action Plan**

### **Internal Complaints Committee**

### **GLA University, Mathura**

One of the primary concerns at GLA University, Mathura, is women's empowerment and gender equality. Great attention is paid to address the issues related to providing a safe, secure and healthy environment without any biases. We have a zero tolerance policy against gender discrimination and sexual harassment.

Every year, the Internal Complaints Committee of GLA University, Mathura organizes programmes that aim at raising sensitization of gender equality concerns. These programmes help students in examining their personal attitudes and beliefs and questioning the realities of all sexes. They help in determining which assumptions in matters of gender are valid and which are stereotypical. Need of gender sensitization is to create awareness among the youngsters about the importance of gender sensitivity. It also encourages modification of behaviour and instilling empathy into the views that we hold about our own and the other genders through raising awareness viz-a-viz gender equality concerns.



## Gender Sensitization Action Plan

### Academic Year 2021 - 2022

GLA University, Mathura

S.no.	Objective	Target Participants	Action Plan
1	Gender Sensitization	Female & Male Students	♦ Organize an awareness Program on Gender roles and Stereotypes
2	Stress Buster	Female Students & Staff	♦ One Week Yoga & Meditation Workshop
3	Health & Hygiene	Female Students	♦ Interactive Session with a Gynaecologist
4	Familiarization with ICC	1 yr students	♦ Talk by the Presiding Officer of Internal Complaints Committee
5	Uphold the dignity of Womanhood	Female Students & Staff	♦ Celebration of Women's Day



Prof. Charul Bhatnagar  
Presiding Officer  
Internal Complaints Committee  
GLA University, Mathura.

Copy to:

1. The Chancellor, for kind information
2. The Vice-Chancellor, for kind information
3. The Pro-Vice-Chancellor, for kind information
4. All the Directors
5. All the Deans
6. All the Head of the Departments
7. All the members of Internal Complaints Committee
8. Website in Charge for updating the website




## Gender Sensitization Action Plan

### Academic Year 2020 - 2021

GLA University, Mathura

S.no.	Objective	Target Participants	Action Plan
1	Empowering Women	Female Students	♦ Organize a Seminar on Empowering Women
2	Make women aware of laws specially meant for them	Female Students & Staff	♦ An Interactive Programme on Legal Aid and Women



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## Gender Sensitization Action Plan

### Academic Year 2019 – 2020

GLA University, Mathura

S.no.	Objective	Target Participants	Action Plan
1	Many Roles of Women	Female Students & Staff	♦ A Seminar on the status of women in Indian Society
2	Talent Hunt	Female Students	♦ Salad making Competition ♦ Face Painting Competition
3	Self Defence	Female Students	♦ One day workshop on Self Defence
4	Awareness of LGBT Rights	Female Students & Staff	♦ Orientation programme on LGBT Queer: Rights of Sexual Minority
5	Enhancement of Communication Skills and Language Acquisition	Girls' Hostel Staff	♦ One week English speaking program
6	Freezing Eggs for Career Advancement	Female Students	♦ Discussion on the pros & cons of Freezing Eggs



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## Gender Sensitization Action Plan

### Academic Year 2018 – 2019

### GLA University, Mathura

S. no.	Objective	Target Participants	Action Plan
1	Technological Empowerment of Women	Female Non Teaching Staff	♦ One week workshop on MS Office for non teaching female staff
2	A Legal Awareness Programme	Female Students	♦ Awareness program on legal provisions, rights and duties of women
3	Health & Hygiene	Female Students	♦ Interactive Session with a Gynaecologist
4	Create awareness about Internal Complaints Committee	1 yr Female Students	♦ Familiarize students with the members of ICC, what ICC is about and how to file a complaint in ICC



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